

# INDIANA MUSCULOSKELETAL SUMMIT

## Course Agenda



Date: Saturday, February 7, 2026

Location: Indiana Orthopedic Institute | Noblesville, IN

CME: Earn up to 6.0 AMA PRA Category 1 Credits™



### MORNING SESSION: DIAGNOSTICS & DECISION MAKING

#### 07:30 AM - 08:00 AM Registration, Breakfast & Faculty Meet-and-Greet

08:00 AM - 08:08 AM Introduction & Keynote Address: *The 2026 Horizon - Transforming Musculoskeletal Care from Washington to Indiana*  
R. Michael Meneghini, MD President, American Association of Hip and Knee Surgeons (AAHKS)

#### SESSION I: DIAGNOSTIC DILEMMAS - Case Based Lecture Series: Diagnosis & Management Strategies (Part 1)

Moderator: Neel Patel, MD

08:08 AM - 08:16 AM *The Active 52-Year-Old with Sudden Knee Pain and Swelling After Playing Pickleball* ..... Robert Malinzak, MD

08:16 AM - 08:24 AM *The 58-Year-Old "Industrial Athlete" at GM with Chronic Shoulder Pain & Weakness* ..... Peter Hogg, MD

08:24 AM - 08:32 AM *The 70-Year-Old with Hip Pain and Limited Weight-Bearing Following a Slip-on-Ice* ..... Anthony Sorkin, MD

08:32 AM - 08:40 AM *The 43-Year-Old Patient Who "Can't Sleep" Due to Wrist Pain* ..... T. David Luo, MD

08:40 AM - 08:48 AM *The 62-Year-Old with Acute Onset Low Back and Shoulder Pain Interfering with Work* ..... Daniel Robinson, MD

08:48 AM - 08:56 AM *The 48-Year-Old Marathon Runner with Ankle Pain & Swelling* ..... Niral Patel, DPM

08:56 AM - 09:08 AM Panel Discussion & Audience Q&A

#### SESSION II: DIAGNOSTIC DILEMMAS - Case Based Lecture Series: Diagnosis & Management Strategies (Part 2)

Moderator: T. David Luo, MD

09:08 AM - 09:16 AM *The 55-Year-Old Roofer with Loss of Knee Mobility & Difficulty Climbing* ..... T. Kyle Stoops, MD

09:16 AM - 09:24 AM *The 40-Year-Old with Acute Groin Pain After Recreational Sports* ..... Avinash Inabathula, MD

09:24 AM - 09:32 AM *The 45-Year-Old Obese Patient with a Sudden Painful, Immobile Shoulder* ..... John Meding, MD

09:32 AM - 09:40 AM *The 91-Year-Old Independent Patient with Groin Pain & Difficulty Tying Shoes* ..... Timothy Williams, MD

09:40 AM - 09:48 AM *The 55-Year-Old Artist with Chronic Thumb Pain* ..... Richard Makowiec, MD

09:48 AM - 10:00 AM Panel Discussion & Audience Q&A

#### 10:00 AM - 10:30 AM Mid-Morning Break | Networking with Faculty and Exhibitors

### MID-DAY SESSION: TECHNIQUE & VALUE

#### SESSION III: TECHNICAL MASTERY of The MSK INJECTION - Clinical Pearls for the Office-Based Procedure

Moderator: T. Kyle Stoops, MD

10:30 AM - 10:35 AM *Hand & Wrist* ..... Richard Makowiec, MD

10:35 AM - 10:40 AM *Shoulder & Elbow* ..... Peter Hogg, MD

10:40 AM - 10:45 AM *The Hip Joint* ..... Anthony Feher, MD

10:45 AM - 10:50 AM *The Knee Joint* ..... T. Kyle Stoops, MD

10:50 AM - 10:55 AM *Foot & Ankle* ..... Niral Patel, DPM

10:55 AM - 11:00 AM Panel Discussion & Audience Q&A



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### SESSION IV: THE VALUE PARADIGM – Optimization and Innovation

Moderator: Anthony Sorkin, MD

11:00 AM – 11:08 AM	<i>Prehab 101: Setting the Stage for Surgical Success</i>	.....Kraig Brittain, DPT
11:08 AM – 11:16 AM	<i>The GLP-1 Revolution: Exercise is Medicine, but what about Semaglutide?</i>	.....Neel Patel, MD
11:16 AM – 11:24 AM	<i>Surgical Readiness: Medical Optimization &amp; Mobility</i>	.....David Conrad, MD
11:24 AM – 11:32 AM	<i>The Referral Window: Why Early Intervention Improves Value and Quality Outcomes?</i>	.....Anthony Sorkin, MD
11:32 AM – 11:40 AM	<i>Innovation Watch: The Most Interesting Technologies in MSK Today</i>	.....Neel Patel, MD
11:40 AM – 11:55 AM	<i>Panel Discussion &amp; Audience Q&amp;A</i>	

**11:55 AM – 01:00 PM** **LUNCH & EXCLUSIVE IOI FACILITY TOUR "Experience the Patient Journey" Tour**  
Experience an exclusive guided tour of a fully vertically integrated medical facility designed for modern musculoskeletal care.

### AFTERNOON SESSION: COMPLEXITY & CONVERSATION

### SESSION V: THE ART OF MEDICINE – Navigating Complex Conversations With Patients

Moderator: John Meding, MD

01:00 PM – 01:08 PM	<i>Too Young for Surgery? Managing Arthritis &amp; Dysplasia in the Young Adult</i>	.....Anthony Feher, MD
01:08 PM – 01:16 PM	<i>The Obesity Challenge: Data-Driven Discussions on BMI &amp; Joint Replacement</i>	.....T. David Luo, MD
01:16 PM – 01:24 PM	<i>The Diagnostic Chameleon: Hip vs. Spine vs. Other—Where does the pain originate?</i>	.....Neel Patel, MD
01:24 PM – 01:32 PM	<i>The Great Masquerade: Differentiating Inflammatory Conditions from Early Osteoarthritis</i>	.....Sarah Perryman, DO
01:32 PM – 01:40 PM	<i>Red Flags: Distinguishing Post-Operative Infection from Impersonators</i>	.....T. Kyle Stoops, MD
01:40 PM – 01:48 PM	<i>Biologics &amp; Beyond: Making Sense of PRP, Stem Cells, CBD, Ablation, and More</i>	.....Avinash Inabathula, MD
01:48 PM – 02:00 PM	<i>Panel Discussion &amp; Audience Q&amp;A</i>	

### SESSION VI: RAPID DIAGNOSTICS – High-Yield Physical Exam and Radiology Review

Moderator: Avinash Inabathula, MD

02:00 PM – 02:06 PM	<i>Shoulder.....</i>	.....Peter Hogg, MD
02:06 PM – 02:12 PM	<i>Hand &amp; Wrist.....</i>	.....Richard Makowiec, MD
02:12 PM – 02:18 PM	<i>Hip &amp; Spine.....</i>	.....Avinash Inabathula, MD
02:24 PM – 02:32 PM	<i>Knee.....</i>	.....T. David Luo, MD
02:32 PM – 02:40 PM	<i>Foot &amp; Ankle.....</i>	.....Niral Patel, DPM
02:40 PM – 02:45 PM	<i>Panel Discussion &amp; Audience Q&amp;A</i>	

**02:45 PM – 03:30 PM** **HANDS-ON TRAINING: Interactive Injection Workshop.....**  
Master your technique with direct guidance from our Musculoskeletal team. ....Briana King, FNP

**03:30 PM** **ADJOURN**

